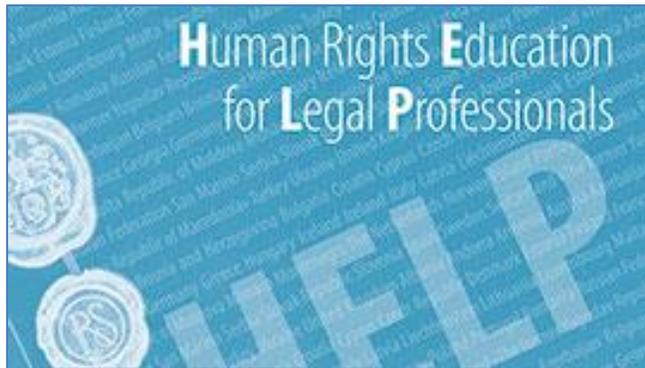


European Programme for Human Rights Education for Legal Professionals - **HELP**

All you need to know in 4 easy steps



HELP is the **main educational platform of the Council of Europe for legal professionals**. Its aim is to educate judges, lawyers and prosecutors about human rights standards in Europe.

Currently, apart from the European Convention on Human Rights (ECHR), HELP covers other instruments like the European Social Charter (ESC) or CoE Conventions in key areas like data protection or labour rights.

Furthermore, with EU support, we include the EU Charter of Fundamental Rights and relevant EU law or jurisprudence in the courses specifically developed for EU countries.

This education means that legal professionals can better protect human rights on a national level and keep up to date with the ever-evolving standards and case law of the European Court of Human Rights.

Step 1: Watch this [video](#)

Step 2: The HELP Network



HELP is the **only European Network** of national training institutions for judges, prosecutors and lawyers in the 47 Member States of the Council of Europe.

The network is made up of representatives from National Training Institutions for Judges and Prosecutors (NTIs) and Bar Associations (BAs) of the 47 member states.

For more information on the Network, [click here](#).

Step 3: The e-learning platform

The e-learning platform is available for free online. A wide range of courses and other training resources can be accessed in English and, increasingly, in the national languages of CoE countries.



There are **two main types of HELP training resources**:

1. The [HELP Online courses](#) on various human-rights related topics, which are available to any user who has an account on the platform; and
2. The so-called [‘Tutored courses’](#) which are only available for selected groups of legal professionals participating in pilot courses moderated by HELP certified tutors.

Interested in accessing the HELP Online courses? First go to www.coe.int/HELP and follow the instructions below.

1. Instructions – How to create a HELP account?



Clicking on this [link](#) will bring you to the HELP home page on the Council of Europe website. To access the e-learning platform, click on the big blue E-learning button or on ‘Free Course Registration’ on the right hand side.



This will bring you to the HELP e-learning platform home page. To create an account click 'Log in' in the top right hand corner, or just next to the 'Take Free Courses' button.



This page should appear. Now click 'Create new account' below the 'Log In' button.

Council of Europe HELP

New account

Expand all

Choose your username and password

Username*

The password must have at least 8 characters

Password*

Unmask

More details

Email address*

Email (again)*

Now choose a Username and password and fill in your personal details. When you are finished, click 'Create my new account' at the bottom.

An email will be sent to the email address you entered so that you can activate your account.

Now you are ready to start learning.

2. Instructions – How to access HELP Online Courses?



Clicking on this [link](#) will bring you to the HELP e-learning platform.

You can now browse the home page to see the list of available HELP courses and click directly on the available language versions to launch the courses.

Introduction to the ECHR

Available languages:
eng | fra | aze | deu | hrv | bye | ita | kat | mkd | mne | pol | ron | rus | spa | srp | sqj | tur | ukr

Asylum and the ECHR

Available languages:
eng | fra | bul | ell | fie | ita | kat | rus | spa | srp | tur

Data Protection and Privacy Rights

Available languages:
eng | fra | ces | deu | est | ita | lit | lar | spa

Admissibility Criteria

Available languages:
eng | bos | bul | ces | ita | lar | lit | rus | sqj | srp | tur

Alternative measures to detention

Available languages:
eng | bos | ell | mne | sqj

Anti-discrimination

Available languages:
eng | aze | bul | bos | ell | bye | ita | kat | lit | lar | mne | pol | ron | sqj | srp

Business and Human Rights

Available languages:
eng | ita

Fight Against Racism, Xenophobia, Homophobia and Transphobia

Available languages:
eng | fra | deu | ita | spa

Freedom of Expression and the ECHR

Available languages:
eng | bos | mkd | mne | srp | sqj | tur

Step 4: Methodology

- The **HELP methodology** is built to fit in with the busy schedules of legal professionals. The curricula are made by experts to meet participants' specific training needs and learning pace.
- HELP organises **Training of Trainers** sessions to train national tutors, who adapt the curriculum to the national legislation and to the type of legal professionals. The national tutor may also draft a chapter on the implementation of EU provisions and case law at the domestic level if relevant.
- Once ready, the **model course** in English is published in the self-learning block of the HELP platform.
- When courses are piloted with tutors, at the end, feedback is collected from the participants and tutors and an **evaluation** of the materials is carried out. The final curriculum is then converted into a **self-learning course**, available to any user of the HELP platform.
- Each curriculum displays both **mandatory** resources and **optional** additional resources to cater for different levels of knowledge and interest.

For more information, [click here](#).

Want to know a little more? Here's a bonus Step 5

Step 5: EU-CoE “HELP in the 28” Programme

HELP in the 28 was implemented to support legal professionals from **the 28 member states of the European Union**. It focused on the ECHR and European Social Charter of the Council of Europe, but also the **Charter of Fundamental Rights of the European Union** (The Charter) and European jurisprudence.

The HELP in the 28 Programme was funded by the European Union, implemented by the Council of Europe and supported by Associate Partners such as EU NTIs, BAs and the European Judicial Training Network or the Council of Bars and Law Societies of Europe.

Under HELP in the 28, **four new courses** were developed and launched in several countries each:



Data protection and privacy rights: As the use of information and communication technologies becomes more widespread, people can easily become victims of data protection violations. This course contains content about the relevant legal framework and case law as well as how to identify violations and apply remedies in specific areas of data protection and privacy rights such as: medical sector; media; development of new technologies; e-communication and marketing; workplace surveillance. For more information watch this [video](#).



Fight against racism, xenophobia and homophobia: Racism and xenophobia are a widespread problem in Europe today, with anti-immigrant attitudes on the rise. Across the CoE, LGBT persons and other vulnerable groups continue to face discrimination, violence and exclusion. This course has two substantive modules, one on racism and xenophobia, and the other on homophobia and transphobia. A link to a specific module on Roma, the largest minority in the EU is also provided. For more information watch this [video](#).



Labour rights: In times of economic recession, the creation of jobs and the protection of labour rights are of utmost importance. This course provides modules such as the right to work, employment relationship and working time, pay and insolvency, termination of employment, discrimination - equal opportunities, collective labour rights and health and safety (physical and mental).

For more information watch this [video](#).



Right to the integrity of the person (bioethics): The right to integrity of the person is linked to the idea of human dignity and that each person's physical and mental space ought to be protected. It includes the prohibition of physical and mental torture and inhuman and degrading treatment and punishment. The course is composed of two parts: the first part presents the right to integrity in general, including the right to private life and the prohibition of torture; the second part will cover the right to integrity in the specific fields of medicine and biology.